

Colonial League Meet #3 - 5/13/2021
RCS, Watervliet, Holy Names, LaSalle vs Mohon
Mohonasen High School
Results

Girls 100 Meter Dash Varsity

Name	Year School	Finals	Points
Finals			
1 Perez-Tucker, Zionna	Mohonasen	12.30	
2 Mantzouris, Stylianna	Academy of t	13.50	
3 DelSignore, Morgan	Watervliet	13.80	
4 Sementilli, Chiara	Academy of t	14.10	
5 Strauss, Jozlynne	Mohonasen	14.50	
5 Hewitt, Samara	Academy of t	14.50	
7 Varga, Julia	Mohonasen	15.00	
8 Pantoja, Sofia	Academy of t	x15.40	
8 Mikel, Ajamae	Mohonasen	x15.40	
10 Robinson, Khalia	Ravena	15.70	
11 Ortiz, Arianna	Ravena	16.20	
12 Lehman, Lauren	Mohonasen	x17.40	

Girls 200 Meter Dash Varsity

Name	Year School	Finals	Points
1 Perez-Tucker, Zionna	Mohonasen	26.10	
2 Mantzouris, Stylianna	Academy of t	28.90	
3 Sementilli, Chiara	Academy of t	29.10	
4 Strock, Brianna	Ravena	30.20	
5 Strauss, Jozlynne	Mohonasen	31.20	
6 Hewitt, Samara	Academy of t	32.20	
7 Mikel, Ajamae	Mohonasen	33.50	
8 Drislane, Alexis	Academy of t	x35.20	
9 Dwyer, Natalie	Academy of t	x36.80	
10 Perretta, Madison	Mohonasen	x37.80	
11 Lehman, Lauren	Mohonasen	x38.70	

Girls 400 Meter Dash Varsity

Name	Year School	Finals	Points
1 Perez-Tucker, Zionna	Mohonasen	60.70	
2 Harris, Elizabeth	Academy of t	63.80	
3 Pagnotta, Katie	Ravena	68.00	
4 Pantoja, Paulina	Academy of t	68.90	
5 Deguire, Hailey	Mohonasen	70.00	
6 Norton, Michelle	Ravena	72.70	
7 Supaul, Bonnieta	Mohonasen	73.10	
8 Collins, Jillian	Mohonasen	x74.90	
9 Scorzafava, Ella	Mohonasen	x77.00	
10 Quivey, Madison	Mohonasen	x1:23.20	

Girls 800 Meter Run Varsity

Name	Year School	Finals	Points
1 Bell, Megan	Academy of t	2:26.70	
2 Sherman, Kate	Mohonasen	2:34.70	
3 Tourangeau, Julianna	Ravena	2:40.60	

Colonial League Meet #3 - 5/13/2021
RCS, Watervliet, Holy Names, LaSalle vs Mohon
Mohonasen High School
Results

....Girls 800 Meter Run Varsity

4 Regan, Katelyn	Academy of t	2:41.30
4 Schlegel, Logan	Academy of t	2:41.30
6 Marriner, Abby	Mohonasen	2:46.00
7 Thayer, Lexi	Mohonasen	2:59.20
8 Visone, Katelyn	Ravena	3:10.80
9 Quivey, Madison	Mohonasen	x3:13.10
9 Cartier, Piper	Mohonasen	x3:13.10

Girls 1500 Meter Run Varsity

Name	Year School	Finals	Points
1 Sherman, Kate	Mohonasen	5:20.80	
2 Ottman, Livingston	Academy of t	5:25.70	
3 Marriner, Abby	Mohonasen	5:38.00	
4 Tourangeau, Julianna	Ravena	5:47.50	
5 Lynch, Julia	Academy of t	5:48.60	
6 Thayer, Lexi	Mohonasen	5:50.70	
7 Visone, Katelyn	Ravena	6:12.20	

Girls 3000 Meter Run Varsity

Name	Year School	Finals	Points
1 Miller, Rachel	Mohonasen	11:25.90	
2 Norton, Michelle	Ravena	12:41.50	
3 Lynch, Julia	Academy of t	13:10.90	
4 Drindak, Adrianna	Academy of t	13:29.70	

Girls 100 Meter Hurdles Varsity

Name	Year School	Finals	Points
1 Brown, Alexis	Mohonasen	17.40	
2 Bisner-Boulay, Shea	Mohonasen	18.40	
3 Valois, Rachel	Academy of t	18.90	
4 Strock, Brianna	Ravena	19.00	
5 Uba, Uchenna	Ravena	20.50	

Girls 400 Meter Hurdles Varsity

Name	Year School	Finals	Points
1 Brown, Alexis	Mohonasen	71.90	
2 Farley, Mia	Academy of t	76.20	
3 Power, Kyde	Mohonasen	1:26.60	
4 McHugh, Mary	Ravena	1:33.10	
5 Ortiz, Arianna	Ravena	1:33.70	

Girls 4x100 Meter Relay Varsity

School	Finals	Points
1 Academy of the Holy Names 'A'	54.50	

Colonial League Meet #3 - 5/13/2021
RCS, Watervliet, Holy Names, LaSalle vs Mohon
Mohonasen High School
Results

....Girls 4x100 Meter Relay Varsity

1) Giombetti, Grace	2) Paul, Samantha
3) Stallmer, Madeline	4) Mantzouris, Stylianna
2 Ravena 'A'	58.30
1) Robinson, Khalia	2) Strock, Brianna
3) McHugh, Mary	4) Pagnotta, Katie
3 Mohonasen High School 'A'	60.50
1) Strauss, Jozlynn	2) Mikel, Ajamae
3) Varga, Julia	4) Morgan, Celia
4 Mohonasen High School 'B'	x68.10
1) Perretta, Madison	2) Sostre, Isabelle
3) Lehman, Lauren	4) Herrick, Hannah

Girls 4x400 Meter Relay Varsity

School	Finals	Points
1 Academy of the Holy Names 'A'	4:26.60	
1) Harris, Elizabeth	2) Bell, Megan	
3) Regan, Katelyn	4) Pantoja, Paulina	
2 Mohonasen High School 'A'	4:30.00	
1) Deguire, Hailey	2) Sherman, Kate	
3) Supaul, Bonnieta	4) Perez-Tucker, Zionna	
3 Ravena 'A'	4:42.00	
1) Tourangeau, Julianna	2) Strock, Brianna	
3) Robinson, Khalia	4) Pagnotta, Katie	

Girls 4x800 Meter Relay Varsity

School	Finals	Points
1 Mohonasen High School 'A'	11:14.20	
1) Sherman, Kate	2) Miller, Rachel	
3) Marriner, Abby	4) Thayer, Lexi	
2 Academy of the Holy Names 'A'	11:54.30	
1) Drindak, Adrianna	2) Sprague, Gwen	
3) Schlegel, Logan	4) Coughlin, Sinead	

Girls High Jump Varsity

Name	Year School	Finals	Points
1 Giombetti, Grace	Academy of t	4-10.00	
2 Herrick, Hannah	Mohonasen	4-08.00	
3 Bisner-Boulay, Shea	Mohonasen	J4-08.00	
4 Dreslin, Nora	Academy of t	4-02.00	
5 Visone, Katelyn	Ravena	4-00.00	
6 McHugh, Mary	Ravena	3-08.00	

Girls Pole Vault Varsity

Name	Year School	Finals	Points
1 Valois, Rachel	Academy of t	6-06.00	
1 Herrick, Hannah	Mohonasen	6-06.00	

Colonial League Meet #3 - 5/13/2021
RCS, Watervliet, Holy Names, LaSalle vs Mohon
Mohonasen High School
Results

....Girls Pole Vault Varsity

-- Morgan, Celia Mohonasen NH

Girls Long Jump Varsity

Name	Year School	Finals	Points
1 Bisner-Boulay, Shea	Mohonasen	15-07.75	
2 DelSignore, Morgan	Watervliet	15-04.50	
3 Stallmer, Madeline	Academy of t	14-10.50	
4 Brown, Alexis	Mohonasen	14-09.00	
5 Paul, Samantha	Academy of t	14-07.00	
6 Deguire, Hailey	Mohonasen	12-10.75	
7 Strauss, Jozlynne	Mohonasen	x12-07.25	
8 McHugh, Mary	Ravena	10-02.50	
9 Sostre, Isabelle	Mohonasen	x8-08.25	

Girls Triple Jump Varsity

Name	Year School	Finals	Points
1 Paul, Samantha	Academy of t	34-08.25	
2 DelSignore, Morgan	Watervliet	33-11.25	
3 Brown, Alexis	Mohonasen	31-07.50	
4 Herrick, Hannah	Mohonasen	27-09.25	

Girls Shot Put Varsity

Name	Year School	Finals	Points
1 Uba, Uchenna	Ravena	33-02.50	
2 Quinlivan, Melissa	Mohonasen	27-07.00	
3 Rai, Megan	Academy of t	24-09.00	
4 Kayembe, Melissa	Watervliet	23-08.00	
5 Morrow, Maria	Ravena	21-11.50	
6 Portee, Keisyra	Academy of t	19-01.00	
7 Dwyer, Natalie	Academy of t	17-03.00	
8 Murphy, Madeline	Academy of t	x15-11.00	

Girls Discus Throw Varsity

Name	Year School	Finals	Points
1 Uba, Uchenna	Ravena	105-11	
2 Quinlivan, Melissa	Mohonasen	87-07.50	
3 Morrow, Maria	Ravena	74-10.50	
4 Rai, Megan	Academy of t	61-05	
5 Kayembe, Melissa	Watervliet	60-06	
6 Portee, Keisyra	Academy of t	36-03	

Boys 100 Meter Dash Varsity

Name	Year School	Finals	H#	Points
1 Gershon, Isaiah	Mohonasen	11.20	1	

Colonial League Meet #3 - 5/13/2021
RCS, Watervliet, Holy Names, LaSalle vs Mohon
Mohonasen High School
Results

....Boys 100 Meter Dash Varsity

2	Pochobradsky, Benjamin	Mohonasen	11.70	1
3	English, Deondre	Ravena	11.80	1
4	Young, Nassir	La Salle Institute	12.00	1
4	Horn, Ezra	Mohonasen	12.00	1
6	Urowsky, Asher	La Salle Institute	12.50	1
7	Amasha, Daniel	La Salle Institute	12.60	2
8	May, Max	Ravena	12.90	1
8	Scavulo, Vincent	Mohonasen	x12.90	1
10	Knapp, Ryan	Ravena	13.30	1
11	Holl, Jayden	Ravena	x13.90	1
12	Nichols, Josiah	Watervliet	14.20	1
13	Nittinger, Charles	La Salle Institute	x15.20	1
--	Urowsky, Ethan	La Salle Institute	X13.40	1
--	Strauss, Zacharyah	Mohonasen	X13.50	1
--	Splunge, Jermaine	Mohonasen	X13.90	1
--	Kuo, Bryce	La Salle Institute	X14.90	2
--	Dragon, Jarrett	Ravena	X15.70	2
--	Gilbert, Joseph	La Salle Institute	X15.70	2
--	Chmeilewski, Austin	Ravena	X17.80	1
--	Dragon, Tyler	Ravena	X21.30	1
--	Leto, Luc	Ravena	X22.00	1

Boys 200 Meter Dash Varsity

Name	Year	School	Finals	Points
1	Gerшон, Isaiah	Mohonasen	23.30	
2	Young, Nassir	La Salle Institute	24.40	
3	Horn, Ezra	Mohonasen	24.70	
4	Urowsky, Asher	La Salle Institute	26.10	
5	Scavulo, Vincent	Mohonasen	26.90	
5	Bott, Matthew	La Salle Institute	26.90	
7	Knapp, Ryan	Ravena	27.70	
8	Strauss, Zacharyah	Mohonasen	x28.80	
9	Bumpus, Zach	La Salle Institute	x29.10	
10	Splunge, Jermaine	Mohonasen	x29.30	
11	Leto, Lex	Ravena	30.00	
12	Carrk, Tyler	Ravena	31.10	
13	Butler, Daniel	La Salle Institute	x31.40	
14	Gilbert, Joseph	La Salle Institute	x32.80	
15	Nittinger, Charles	La Salle Institute	x32.90	
16	Tyler, Cody	Ravena	x33.00	
17	Chmeilewski, Austin	Ravena	x39.80	

Boys 400 Meter Dash Varsity

Name	Year	School	Finals	Points
1	Pochobradsky, Benjamin	Mohonasen	56.10	
2	Cerrone, Dimitri	La Salle Institute	56.60	
3	Hunter, Daniel	La Salle Institute	58.30	
4	Phillips, Hunter	Mohonasen	60.40	
5	Leto, Lex	Ravena	65.00	
6	Ebanks, Alejandro	La Salle Institute	66.70	

Colonial League Meet #3 - 5/13/2021
RCS, Watervliet, Holy Names, LaSalle vs Mohon
Mohonasen High School
Results

....Boys 400 Meter Dash Varsity

7 Dyer, Morgan	La Salle Institute	x67.30
8 Nichols, Josiah	Watervliet	68.40
9 Gilbert, Joseph	La Salle Institute	x74.20

Boys 800 Meter Run Varsity

Name	Year School	Finals	Points
1 Hayes, Gitch	La Salle Institute	2:14.30	
2 Ciampolillo, Robert	Mohonasen	2:24.00	
3 Rotondi, Nick	La Salle Institute	2:31.90	

Boys 1600 Meter Run Varsity

Name	Year School	Finals	Points
1 Hayes, Gitch	La Salle Institute	4:51.50	
2 Lamson, Jared	Ravena	4:59.20	
3 Meddaugh, John	Ravena	5:09.20	
4 Smith-Growick, Garrick	Mohonasen	5:14.20	
5 Rotondi, Nick	La Salle Institute	5:18.80	
6 Abbott, Tim	Mohonasen	5:23.10	
7 Ciampolillo, Robert	Mohonasen	5:32.60	
8 Deyoe, Max	Ravena	5:55.70	
9 Tyler, Cody	Ravena	x6:18.20	

Boys 3200 Meter Run Varsity

Name	Year School	Finals	Points
1 Gabriel, Gianni	La Salle Institute	11:08.80	
2 Smith-Growick, Garrick	Mohonasen	11:09.40	
3 Abbott, Tim	Mohonasen	11:41.10	
4 McNaughton, Patrick	La Salle Institute	12:00.80	
5 Badrie, Krishan	La Salle Institute	12:20.10	

Boys 110 Meter Hurdles Varsity

Name	Year School	Finals	Points
1 Nevin-D'Allaird, Isaac	Mohonasen	17.90	
2 Butler, Daniel	La Salle Institute	23.40	

Boys 400 Meter Hurdles Varsity

Name	Year School	Finals	Points
1 Rotondi, Alex	La Salle Institute	69.20	
2 Nevin-D'Allaird, Elijah	Mohonasen	72.00	
3 Hunter, Daniel	La Salle Institute	77.40	
4 Lee, Andrew	La Salle Institute	1:21.30	

Colonial League Meet #3 - 5/13/2021
RCS, Watervliet, Holy Names, LaSalle vs Mohon
Mohonasen High School
Results

Boys 4x100 Meter Relay Varsity

School	Finals	Points
1 Mohonasen High School 'A'	46.50	
1) Pochobradsky, Benjamin	2) Phillips, Hunter	
3) Horn, Ezra	4) Gershon, Isaiah	
2 La Salle Institute 'A'	48.70	
1) Young, Nassir	2) Amasha, Daniel	
3) Bryant, Jack	4) Bott, Matthew	
3 Ravena 'A'	52.70	
1) Knapp, Ryan	2) Holl, Jayden	
3) Leto, Lex	4) May, Max	
4 Mohonasen High School 'B'	x54.10	
1) Splunge, Jermaine	2) Brazee, Ryan	
3) Smith, Bruce	4) Scavulo, Vincent	
5 Ravena 'B'	x68.90	
1) Abrams, Jake	2) Alaimo, Jacob	
3) Dragon, Jarrett	4) O'Connell, Rhys	

Boys 4x400 Meter Relay Varsity

School	Finals	Points
1 La Salle Institute 'A'	3:46.90	
1) Cerrone, Dimitri	2) Hayes, Gitch	
3) Young, Nassir	4) Rotondi, Alex	
2 Mohonasen High School 'A'	3:57.70	
1) Gershon, Isaiah	2) Phillips, Hunter	
3) Scavulo, Vincent	4) Pochobradsky, Benjamin	
3 Ravena 'A'	4:05.30	
1) Meddaugh, John	2) Deyoe, Max	
3) English, Deondre	4) May, Max	

Boys 4x800 Meter Relay Varsity

School	Finals	Points
1 La Salle Institute 'A'	9:14.60	
1) Badrie, Krishan	2) Gabriel, Gianni	
3) McNaughton, Patrick	4) Rotondi, Alex	
2 Ravena 'A'	10:08.30	
1) Lamson, Jared	2) Meddaugh, John	
3) Deyoe, Max	4) Tyler, Cody	
3 Mohonasen High School 'A'	10:17.40	
1) Smith-Growick, Garrick	2) Ciampolillo, Robert	
3) Abbott, Tim	4) Masick, Travis	

Boys High Jump Varsity

Name	Year School	Finals	Points
1 Farnsworth, Andrew	Mohonasen	6-01.00	
2 Nevin-D'Allaird, Isaac	Mohonasen	5-06.00	
3 Cerrone, Dimitri	La Salle Institute	5-04.00	
4 Hunter, Daniel	La Salle Institute	4-06.00	

Colonial League Meet #3 - 5/13/2021
RCS, Watervliet, Holy Names, LaSalle vs Mohon
Mohonasen High School
Results

....Boys High Jump Varsity

4 Carrk, Tyler	Ravena	4-06.00
----------------	--------	---------

Boys Pole Vault Varsity

Name	Year School	Finals	Points
1 May, Max	Ravena	8-00.00	
-- O'Connell, Rhys	Ravena	NH	
-- Deyoe, Max	Ravena	NH	

Boys Long Jump Varsity

Name	Year School	Finals	Points
1 Nevin-D'Allaird, Isaac	Mohonasen	18-05.50	
2 English, Deondre	Ravena	18-04.50	
3 Horn, Ezra	Mohonasen	18-01.25	
4 Farnsworth, Andrew	Mohonasen	18-00.00	
5 Nevin-D'Allaird, Elijah	Mohonasen	x17-02.00	
6 Brazee, Ryan	Mohonasen	x16-04.25	
7 Gabriel, Gianni	La Salle Institute	16-03.25	
8 Bott, Matthew	La Salle Institute	15-05.50	
9 Dyer, Morgan	La Salle Institute	14-06.25	
10 Bumpus, Zach	La Salle Institute	x14-03.50	
11 Bryant, Jack	La Salle Institute	x13-07.00	
12 Leto, Lex	Ravena	13-05.00	

Boys Triple Jump Varsity

Name	Year School	Finals	Points
1 Nevin-D'Allaird, Isaac	Mohonasen	40-01.50	
2 Nevin-D'Allaird, Elijah	Mohonasen	34-07.00	
3 Rotondi, Alex	La Salle Institute	34-05.50	
4 English, Deondre	Ravena	34-04.50	
5 Brazee, Ryan	Mohonasen	33-11.50	
6 Lee, Andrew	La Salle Institute	31-03.25	

Boys Shot Put Varsity

Name	Year School	Finals	Points
1 Amasha, Daniel	La Salle Institute	39-04.50	
2 Gannon, Blake	Mohonasen	36-06.75	
3 Holl, Jayden	Ravena	30-08.00	
4 Curren, Ryan	La Salle Institute	29-08.00	
5 Kuo, Bryce	La Salle Institute	27-00.75	
6 Kramer, Konnor	Ravena	26-04.00	
7 Maimone, Angelo	Mohonasen	26-02.75	
8 Whalen, Daniel	La Salle Institute	x25-06.25	
9 Alaimo, Jacob	Ravena	25-00.25	
10 Abrams, Jake	Ravena	x23-08.00	
11 Urowsky, Ethan	La Salle Institute	x20-11.50	
12 Dragon, Tyler	Ravena	x16-04.75	

Name	Year School	Finals	Points
1 Amasha, Daniel	La Salle Institute	112-11.50	
2 Holl, Jayden	Ravena	92-02.50	
3 Maimone, Angelo	Mohonasen	87-00.50	
4 Rotondi, Nick	La Salle Institute	80-02.50	
5 Carrk, Tyler	Ravena	71-06	
6 Whalen, Daniel	La Salle Institute	65-09.50	
6 Masick, Travis	Mohonasen	65-09.50	
8 Curren, Ryan	La Salle Institute	x64-08	
9 Urowsky, Ethan	La Salle Institute	x63-09.50	
10 Alaimo, Jacob	Ravena	60-00	
11 Abrams, Jake	Ravena	x58-05	
12 Kramer, Konnor	Ravena	x58-03.50	
13 Kuo, Bryce	La Salle Institute	x58-02	
14 Dragon, Jarrett	Ravena	x54-03	
15 Dragon, Tyler	Ravena	x47-09	
16 Leto, Luc	Ravena	x40-05	
-- Ebanks, Alejandro	La Salle Institute	FOUL	